

Grand Teton National Park Trip Assistant

How Much Time?

There's over 200 miles of hiking trails here and anything penetrating this magnificent mountain range is great, so you could spend a week or two and probably not get sick of it.

If you only have a day, I'd get an early start and spend all of it around Jenny Lake. There are hikes of every difficulty level imaginable here.

With more time, then you start thinking about

spending a day at Jackson Lake and/or driving around to the other side of the range to hike Alaska Basin or Table Mountain from Caribou-Targhee National Forest. Most people do Alaska Basin as a lollipop, but you can continue through the park, exiting at Phelps Lake via Death Canyon. Even if you don't love hiking, treating the Tetons as a pit-stop to/from Yellowstone is a bad idea. Spend at least one night to enjoy sunrise/sunset in this incredibly special place.

Need to Know

- The park is very busy in summer. 95% of visitors arrive between May and October.
- If you visit in summer, get an early start. Trailhead parking fills early.
- The offseason can be good. Hiking is slightly more treacherous, but seeing this range covered in snow is fantastic!
- The Lake Solitude Loop is better counterclockwise (IMO).
- There are two parking areas at Schwabacher Landing. Both are excellent.

Maps

Grand Teton National Park Map: [PDF](#) | [JPG](#)

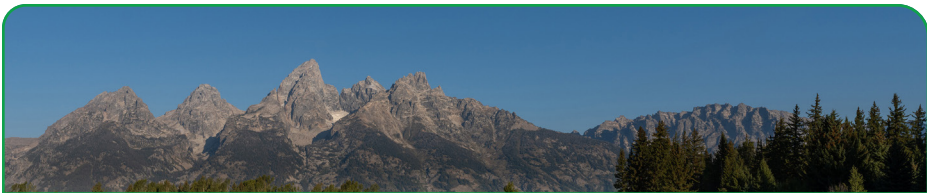
[Google Map w/ Trails, Attractions, and Outfitters](#)

All 63 National Parks Map: [PDF](#) | [JPG](#)

Northern National Park Service Units Map: [PDF](#) | [JPG](#)

Highlights

Moulton Barns
Schwabacher Landing
Teton Park Road
Snake River
Teton Point Turnout
Chapel of the Transfiguration
Cunningham Cabin



Favorite Trails

Easy

[Jenny Lake Loop](#)

[Leigh Lake](#)

[Menor's Ferry](#)

[Taggart Lake](#)

[Cunningham Cabin](#)

Moderate

[Phelps Lake Loop](#)

[Hidden Falls](#)

[Bearpaw Lake](#)

Strenuous

[Lake Solitude Loop](#)

[Amphitheater Lake](#)

[Table Mountain \(N. Teton\)](#)

[Garnet Canyon](#)

[Alaska Basin](#)

Extreme

[Delta Lake](#)

[Table Mountain Loop](#)

Activities

Hiking

Backpacking

Boating

Biking

Horseback Riding

Rock Climbing

Mountaineering

Fishing

Cross-country Skiing

Snowshoeing

See this [Google Map](#) for pins to favorite trails and attractions.

Road Trip

Here's a [Google Map](#) to help plan road trips from the east (Wind Cave), north (Yellowstone), west (Crater Lake), and south (Capitol Reef). (Will make the map once roads are open in summer.)

There's much more to our country. Here's another [Google Map](#) with points of interest across all types of public land.

For campers, here's a [Google Map](#) with National Forest campgrounds. National Park campgrounds are difficult to reserve (there are about 200!). With nearly 5,000 national forest campgrounds, you can usually pull in and find a spot.

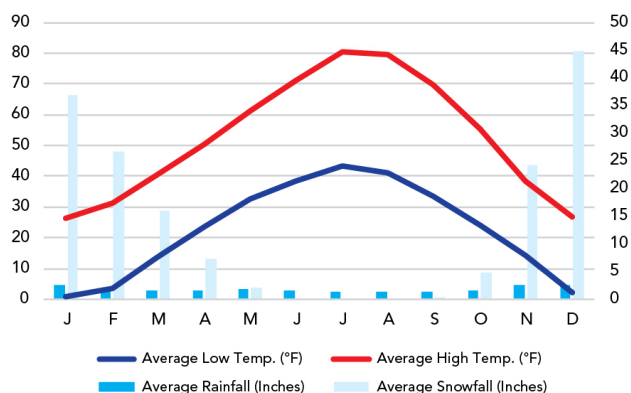
Highlights

I'll be updating this in summer when I can complete the Road Trip map when all the high elevation roads open up for the year—stay tuned! There are many amazing places in the area like the Bighorn Mountains and Wind River Range!

When To Go

Weather

Moose: 6,442 ft Elevation



Visitation

Grand Teton Visitation

