



Hot Springs National Park Trip Assistant

How Much Time?

Hot Springs is a quick stop for most visitors. Stop in at the visitor center, join a tour if possible, stroll along Bathhouse Row (maybe grab a craft beer or traditional massage or both), walk the Grand

Promenade, and then head up to Hot Springs Mountain (driving or hiking) to check out the views and maybe climb the tower at the top. There are a few more trails in the surrounding hills, if you're looking for more to do.

Need to Know

- There's quite a bit of street parking and a free garage at 128 Exchange Street.
- This is the only park with a **craft brewery!**
- And two operational bathhouses (links in the highlights)!

Maps

Hot Springs National Park Map: [PDF](#) | [JPG](#)
Bathhouse Row: [PDF](#) | [JPG](#)

[Google Map w/ Trails and Attractions](#)

All 63 National Parks Map: [PDF](#) | [JPG](#)
Southern National Park Service Units Map: [PDF](#) | [JPG](#)

Highlights

Bathhouse Row
Grand Promenade
Fordyce Bathhouse/Visitor Center
[Superior Bathhouse Brewery](#)
[Buckstaff Baths](#)
[Quapaw Baths](#)
[Hot Springs Mountain Tower](#)



Favorite Trails

Easy

[Grand Promenade](#)

[Balanced Rock](#)

Moderate

[Goat Rock](#)

[Hot Springs Mountain](#)

[Sunset](#)

Strenuous

[Gulpha Gorge](#)

Activities

Hiking

Bathhouse Tours

Baths

Massages

Spa Treatments

See this [Google Map](#) for pins to favorite trails and attractions.

Highlights

[Narrows of the Harpeth](#) (TN)

[Elephant Rocks SP](#) (MO)

[Mina Sauk Falls](#) (MO)

[Johnson's Shut-Ins SP](#) (MO)

[Blue Spring](#) (MO)

[Alley Spring & Mill](#) (MO)

[Lover's Leap](#) (AR)

[Hawksbill Crag](#) (AR)

[Buffalo National River](#) (AR)

[Glory Hole Falls](#) (AR)

(Check the point-of-interest map for many more waterfalls in the area.)

[Palo Duro Canyon SP](#) (TX)

[Lake Ouachita SP](#) (AR)

[Caddo Lake State Park](#) (TX)

Road Trip

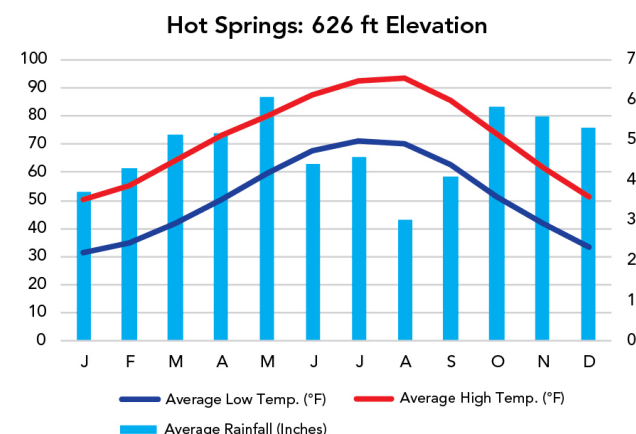
Here's a [Google Map](#) to help plan road trips from the east (Nashville, TN), north (Gateway Arch), west (Albuquerque, NM), and south (New Orleans, LA). It's a good start, but I'd highly recommend making your own.

There's much more to our country. Here's another [Google Map](#) with points of interest across all types of public land.

For campers, here's a [Google Map](#) with National Forest campgrounds. National Park campgrounds are difficult to reserve (there are about 200!). With nearly 5,000 national forest campgrounds, you can usually pull in and find a spot.

When To Go

Weather



Visitation

